

<u>BACKGROUND:</u> There are a significant number of pupils in our school who have severe food allergies, the most common of these allergens are peanuts, eggs, fish, soy and wheat. The more serious risk in our school is with nut allergies which cause life threatening anaphylactic reactions for some of our pupils. As a community we can work together to minimise the risks associated with being exposed to foods and products that are a trigger to such attacks.

NATIONAL ADVICE: The Anaphylaxis Campaign does not advocate a total nut ban in schools because it is extremely difficult to enforce due to so many different products containing nuts or traces of nuts. Not all products containing nuts may be obvious. When we know your child has a serious food allergy, we will meet with you to discuss their needs and create a care plan based upon these needs. The School Dinner Service (Leicestershire Traded Services) will also create a diet plan on your request. Further information can be found on The Anaphylaxis Campaign website at https://www.anaphylaxis.org.uk

STAFF WILL:

- educate pupils on food allergies and healthy eating
- be alert to obvious signs of nuts being brought in
- not inspect all food brought into school
- remove any food that obviously contains nuts that they have brought in or lunch or as a class gift
- discourage the sharing of food between pupils and prevent this where possible.



PARENTS WILL:

- Provide details of any food allergies their children may have
- Not send any food into school that they know contains nuts
- Encourage their children not to share their food with other children

Thank you for your help and support